

The Triangle of Care

The Triangle of care 6 principles:

Carers and the essential role they play are identified at first contact or as soon as possible thereafter

Staff are “carer aware” and trained in carer engagement strategies

Policy and practice protocols RE: confidentiality and sharing information, are in place

Defined post(s) responsible for carers are in place

A carer introduction to the service and staff is available, with a relevant range of information across the care pathway

A range of carer support services is available

Southern Health NHS Foundation Trust values in relation to carers:

1. We will recognise and respond to your own needs as a family member, carer or young carer
2. We will recognise your expertise, knowledge and important role that you play
3. We will welcome your involvement in the care of your family member/friend
4. We will value your involvement in the development of our services

As discussed we now have both a bottom-up and top-down approach which is fantastic in achieving the above.